youth inclusion.eu

Project Learning for Young Adults – PUM-O+



Andragoški zavod Maribor/Maribor Adult Education Centre Slovenia

D 16th July 2026 • H Helena Matavž

Funded by the European Union

Erasmus+

youth inclusion.eu

PUM-O+ basics

What is it?	Non-formal education programme
Developed by:	Slovenian Institute of Adult Education
Aim	To support young people on their career and personal development path
Target group	NEETS (15 -29)
Supported by	EU, Ministry of Social Affairs



Funded by the European Union

Erasmus+

SALVA VITA

Main PUM_O+ objectives

Under guidance of 3 mentors who had completed the PUM-O+ training:

1 Employment

Support on the way to the labour market

2 Education

Realisation of educational plans

3 Personal development

Soft skills, identity, stability

Funded by the European Union

PUM-O+ participant benefits and programme structure

Activity allowance and travel cost reimbursement provided by the Employment Services

Schedule

Monday – Friday
8:00 – 14:00

Duration

10 months

Project Learning

Group work, individual learning



Upon completion: Certificate of participation with listed competences, personal portfolio and career plan

Funded by the European Union

How does it work?

- Project activities based on experiential learning, sharing responsibilities
- Individualized approach tailored to each participant‘s needs
- Learning empathy, social behaviour, safety and trust in group activities
- Individualized learning plans to strenghten existing skills and develop new ones
- Participats co-design schedule of activities weekly and are encouraged to express their opinions



Funded by the European Union
Erasmus+

Example of main project work method: PUM-O+ garden









Funded by the European Union

Erasmus+

Other methods

1. Interest based activities: sports, arts&crafts, personal growth,…
2. Individual learning projects: finishing school, changing school programme, searching for work,…
3. One on one mentoring: confidential
4. Flexible apporach adapted to daily progress

… aiming to increase competences and skills (career, functional literacy, digital literacy, independence)

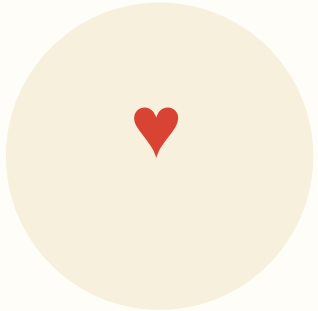
Funded by the European Union
Erasmus+

youth inclusion.eu

Thank you!

More about PUMO-O+ in English language:

- https://eaea.org/our-work/projects3/lse-database-good-practice-project-learning-young-adults/
- http://viame.atalaya.pl/plya/



Funded by the European Union
Erasmus+
SALVA VITA
AZ ustanovljen leta 1922